

Booking Form

SOGYAL RINPOCHE SUMMER RETREAT AT DZOGCHEN BEARA – IRELAND

8pm Friday 2nd to Sunday 11th July 2010

Please read the Information Sheet before filling out this booking form. Complete both sides of this booking form and return with the full fee, or deposit of €250. Please note that a place on the retreat can only be booked by sending in your booking form and payment; we are unable to take telephone bookings.

Full Name _____

Address _____

Tel/Fax _____ Occupation _____

E-mail (print clearly in capitals) _____

Emergency contact (name & number) _____

Bus from Cork I wish to book a place on Fri 2nd July departing: 3pm Cork 3.30pm Airport
I wish to book a place back to Cork on Sun 11th July, departing: 2pm (arrive 5pm)

Shrine Room I would like to use a chair

Arrival Please read the accompanying information sheet regarding arrival times.
I will arrive in time for: Supper and registration at 6pm on Friday 2nd July
By 10am on Saturday 3rd July

Accommodation I have booked my own accommodation at _____

Daily Transport I will have a car and can offer daily lifts from: Castletownbere Allihies
I will need daily transport from Castletownbere to Dzogchen Beara
I will need daily transport from Allihies to Dzogchen Beara

Medical Do you have any special needs or a medical condition that we need to know of?

Translation I will need translation in French German

Payment Enclosed Retreat Fee €490 (€460 for bookings received before 21st May) Incl. retreat costs & full catering
Retreat Fee (full fee or deposit of €250) € _____
Dzogchen Beara Bus from/to Cork (€25 single, €50 return) € _____
Daily Transport (€40) € _____
Donation to the Retreat fund € _____
Other € _____
Total Enclosed € _____

Method of Payment Cheque/Bank Draft (drawn on an Irish Bank) Credit Card
Bank Transfer (from outside Ireland only) Laser Card

3-digit security number
[][][] [][][] [][][][] [][][][] [][][] [][][][]
or Laser Card Expiry Date

Name of Cardholder: _____

Confirmation Tick box if you require a booking confirmation

Cancellations: A 90% refund on retreat fees is available up to two weeks before the retreat. Less than two weeks before the retreat a 50% refund is available. Refunds must be applied for in writing.

We would like to keep you updated on events and news that may be of interest to you. If you would like to receive this

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Information will be treated as confidential and will be used only to help us prepare the teaching, study, and practice in a way that will best reflect the needs of those attending.

Name: _____ Country of residence: _____

Have you read *The Tibetan Book of Living and Dying* by Sogyal Rinpoche? Yes √ No √

Have you previously attended a retreat at Dzogchen Beara? Yes √ No √

Have you previously attended a retreat with Sogyal Rinpoche? Yes √ No √

Are you familiar with the practice of meditation as taught by Sogyal Rinpoche? Yes √ No √

If 'No', have you learned/do you practice meditation in another tradition? If so please give details:

Are you attending, or have you previously attended, a course at a Rigpa Centre? Yes √ No √
If yes please say which one e.g. *Finding Peace, Loving Kindness* etc.:

Do you have a regular practice of Meditation, Compassion/Loving Kindness, Ngöndro or Sadhana? Yes √ No √
If yes, please give details:

Please describe your aspirations for attending this retreat _____

For Rigpa students only Please tick in which Mandala you are in:

Dzogchen Mandala √ Ngöndro Mandala √ Meditation Mandala √ Not yet registered √

If you are following the Home Retreat, which option are you registered for? Parallel √ Intensive √

I am an instructor with Rigpa √

You may find it helpful to bring the following materials: *Mengak Study Pack, The Tibetan Book of Living and Dying, The Words of my Perfect Teacher and The Guide to the Words of My Perfect Teacher*

Assisting During the Retreat

To reduce costs and help create a harmonious environment we ask all retreatants to assist in the maintenance of the retreat for approximately one to two hours a day. Please indicate your 1st and 2nd area of preference, and we will do our best to assign you to an area of your choice:

- | | |
|---|--|
| <input type="checkbox"/> Photocopying (<i>Needs basic office skills</i>) | <input type="checkbox"/> Driving service - <i>Shopping/lifts (need your own car)</i> |
| <input type="checkbox"/> Steward | <input type="checkbox"/> Prepare/clear away tea breaks |
| <input type="checkbox"/> Meal set-up/Preparation | <input type="checkbox"/> Computer Support: Mac <input type="checkbox"/> PC <input type="checkbox"/> |
| <input type="checkbox"/> Cleaning Shrine Room, Marquees, etc | <input type="checkbox"/> Site - <i>Maintenance, cleaning, tidying, etc</i> |
| <input type="checkbox"/> Retreat Set-up: I can arrive ___ days early
(<i>please wait for confirmation</i>) | <input type="checkbox"/> Retreat Breakdown: I can stay ___ days later
(<i>please wait for confirmation</i>) |
| <input type="checkbox"/> Transcribing the teachings
<i>Needs good typing and computer skills.</i> | <input type="checkbox"/> Medical/First Aid _____
(<i>please give qualification</i>) |
| <input type="checkbox"/> Chopening (<i>Previous experience necessary</i>) | <input type="checkbox"/> Study Group Facilitator |