

Practising Sangha Package, August 2017

1) Staff entitlements

As a member of the Practising Sangha you are employed by Dzogchen Beara and enjoy the same benefits as other staff members, including holidays.

2) Remuneration

You receive €300 a month after tax (increased to €400 after three years service) and commit to volunteer the hours for which you are not paid, in a 30 hour week. Your other payment is received as benefits in kind, listed below.

3) Dzogchen Beara Public and Sangha Programme

You are entitled to attend all events at Dzogchen Beara that do not clash with your work or practice commitments, for free.

4) Food and accommodation

You receive full board and accommodation in a single room the personal retreat area in Centre House.

2) Health Insurance

EU citizens should be covered by your country of origin national health insurance scheme. If you become resident you can apply for an Irish medical card. For Non-EU citizens Dzogchen Beara will contribute towards a basic private health insurance package, up to a maximum of €1,000.

3) Pension

After making contributions for 10 years you will qualify for a state weekly pension. There is a basic amount (currently €220) and depending on what other contributions you have paid in Ireland or other EU countries, it may be more. The pension age in Ireland is 66.

5) Retreat

You are entitled to take two weeks of full retreat at Lerab Ling or elsewhere presided over by a Lama, or if you are in the Dzogchen Mandala, to attend the Dzogchen Mandala Retreat in Lerab Ling (to be agreed with the Practice Vision Holder and Centre Director).

6) Contract

A typical working day is six hours (five days a week).